

Sweat Equity

JONATHAN ANGELILLI

Peak Performance, 54 West 21st Street, 212-229-3670; peakperformancenyc.com

In the biz for seven years, Angelilli changes clients' lifestyles through fitness by way of kettlebells, dumbbells, bands, and Swiss balls that improve endurance, power, strength, and range of motion.

LOUIS CORAGGIO

Body Architect, 516-768-0889; bodyarch.com

Coraggio uses Pilates, yoga, resistance and cardio training, and portable equipment on clients' terraces or rooftops, in their living rooms, or wherever the mood strikes.

BRETT HOEBEL

Hoebel Fitness, 54 West 21st Street, Eighth Floor,



212-366-1342; hoebel.com

This martial arts expert counts Star Jones, Altschul, and Jill Stuart among his loyalists.

MARK JENKINS INTERNATIONAL FITNESS

International Fitness, 888-912-3985; info@markjenkins.com

Mary J. Blige, LL Cool J, D'Angelo, and (whom Jenkins readied for the 2003 New York City Marathon) all stand by this man.

RADU'S PHYSICAL CULTURE, INC.

Radu Fitness, 24 West 57th Street;

222 East 34th Street, 212-581-1995;

radufitness.com

Followers of the Radu method—basic exercises that stress natural movement—include Cindy Crawford, and Matthew Broderick.

For Your Viewing Pleasure

You're ready to shell out major bank for a home-entertainment system that would make the Weinstein brothers weep with envy. First, be sure to enlist the design and installation expertise of these professionals.

AUDIOVISIONS INC.

1386 Second Avenue, 212-639-1733

This 20-year-old company provides and installs all audio equipment and can repair anything, including vintage pieces.

BOSE

10 Columbus Circle, 212-823-9314, 800-999-2673; bose.com

A brand that's become one of the best known in sound, Bose offers at-home consultations and installations of its various systems.

COMPUSHINE

300 East 60th Street, 212-371-1525; compushine.com

Invite Compushine in and expect hands-on help, an excellent roster of products, and friendly service.

CUSTOM F/X

216 East 45th Street, 212-398-4542; cfxusa.com

This team of highly trained experts works with architects, interior decorators, and contractors to design and install high-tech systems customized to suit the space and needs of a client.

HARVEY HOME ENTERTAINMENT

2 West 45th Street, 212-575-5000;

888 Broadway, 212-228-5354; harveyhome.com

Considered one of the best places in the city to buy your home theater, Harvey helps clients with everything from choosing the brand to designing the arrangement.

ROOM

182 Duane Street, 212-226-1045; room.com

These experts can design and custom install furniture for your first-rate entertainment room.



Bose.

